

Scotty Dog Medium

0.0	▀	Start of route
0.2	→	R onto Hale St
0.4	→	R onto Cross St
0.7	→	Slight R onto Cross Ln
1.5	→	R onto Foster St
1.7	↑	Continue onto Standley St
2.6	→	Slight R onto Essex St
4.0	←	L onto Grapevine Rd
4.7	→	R toward Larch Row
4.7	→	R onto Larch Row
5.2	←	L onto Miles River Rd
5.9	→	R onto Bridge St
7.5	←	L onto Sagamore St
7.8	←	L onto Moulton St
9.0	→	R onto MA-1A N/Bay Rd
9.0	→	R onto Gardner St
9.9	↑	Continue onto Sagamore Rd

9.9 miles. +446/-463 feet

17.7	→	Slight R onto Clark Rd
18.5	←	L onto Northridge Rd
19.5	↑	Continue onto Jeffrey's Neck Rd
21.2	→	R onto East St
21.6	↑	Continue onto County St
23.5	→	R onto Waldingfield Rd
24.4	←	L onto Goodhue St
24.9	↑	Continue onto Highland St
27.2	←	L onto Asbury St
28.3	→	R onto MA-1A S/Bay Rd
28.4	←	L onto Walnut Rd
29.6	←	L onto Larch Row
29.7	→	Slight R onto Grapevine Rd
30.4	→	R onto MA-22 S/Essex St
32.0	←	L onto Groce St
32.0	→	R onto Standley St

14.5 miles. +660/-629 feet

10.6	←	Sharp L onto Fellows Rd
11.7	→	R onto Lakemans Ln
12.2	←	L onto MA-133 W/Essex Rd
12.4	→	R onto Heartbreak Rd
13.1	←	L onto Argilla Rd
13.4	→	Slight R onto Rocky Hill Rd
13.5	←	L onto Old England Rd
13.5	→	R onto Woods Ln
13.8	→	R onto Turkey Shore Rd
13.8	←	L onto Green St
13.9	→	R onto Water St
14.2	→	R onto East St
14.4	←	L onto Jeffrey's Neck Rd
16.1	↑	Continue onto Little Neck Rd
17.5	←	Keep L to stay on Little Neck Rd
17.5	↑	Continue onto Bayview Rd

7.6 miles. +230/-264 feet

32.7	↑	Continue onto Foster St
33.0	←	L onto Cross Ln
33.7	←	Slight L onto Cross St
34.1	←	L onto Hale St
34.3	←	L onto Eisenhower Ave
34.5	▀	End of route

2.4 miles. +48/-62 feet