Groton
Haley Farm Trails

Trail Highlights
The Haley Farm Trails travel through the scenic Haley Farm State Park. The terrain is relatively flat, lending it to comfortable use. Along the way the trails pass numerous stone walls, as well as scenic views of Fishers Island Sound and the adjacent Palmer Cove. Another trail, the Lily Lane Bikepath, connects Haley Farm State Park to Depot Road. This trail follows a hilly route, crossing under Amtrak’s Northeast Corridor, and going by the edge of Mumford Cove along the way. In addition, Amtrak is currently building a pedestrian overpass linking Haley Farm State Park and the Bluff Point Coastal Reserve.

If you ride your bike into Bluff Point State Park, PLEASE stay on dirt roads. This is a fragile habitat which can be destroyed by biking in the wrong area.

Parking and Accessibility
Parking is available at a small park off Midway Oval, or at Haley Farm State Park.

From I-95: Take exit 88 to 117 South. On Route 117, take a right at the intersection with Route 1, onto Route 1 South. Take a left onto Depot Road, and turn left onto Fitch Avenue. Bear right onto Midway Oval. Parking is located at the small park. Parking is also located at Haley Farm State Park. Follow Route 1 north to Route 215, Groton Long Point Road. Take a right onto Brook Street. Once on Brook Street take a right onto Haley Farm Lane. Parking is provided in a small gravel parking lot.

Recommended Activities

Prohibited Activities

LOCATION: Groton
ENDPOINTS: Depot Road and Haley Farm State Park
HOURS: Dawn to dusk
LENGTH: 2.4 miles
SURFACE: Asphalt and dirt

CONTACT: Department of Environmental Protection
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