Hampton
Air Line State Park Trail

Trail Highlights
This trail is a section of the 50-mile Air Line State Park Trail that begins in East Hampton and ends in Putnam. This 6.5-mile trail begins at the Chaplin town line, where it connects with Chaplin’s portion of the trail. The trail almost immediately crosses Brook Road at the junction of Parker Road. The trail then proceeds a short distance before it passes under Route 6. The trail then goes another 0.6 miles and meets Potter Road. After another 1.5 miles, the trail crosses Estabrook Road and then Station Road. Next, it proceeds another 0.9 miles and crosses Griffin Road. Kenyon Road is crossed 0.6 miles later, and then the trail crosses Lewis Road and reaches its terminus at the Pomfret town line. The trail then meets up with Pomfret’s portion of the trail.

Parking and Accessibility
Parking is available at the Goodwin State Forest parking lot located on Potter Road. The trail can be accessed by traveling from the parking lot north on Potter Road for about 200 yards.

From Route 6: Turn onto Potter Road. The trail can be accessed from this road.

Recommended Activities

Prohibited Activities

LOCATION: Hampton
ENDPOINTS: Chaplin town line and Pomfret town line
HOURS: Dawn to dusk
LENGTH: 6.5 miles
SURFACE: Gravel and compacted earth

CONTACT: Department of Environmental Protection
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