### Plainfield Moosup Valley State Park Trail

#### Trail Highlights
This trail is part of a system that will eventually run from Hartford to Providence, Rhode Island. Plans are under way to connect this section to the Air Line State Park Trail in Putnam via the Quinebaug River Trail, currently in development. This trail is also part of the planned East Coast Greenway. The trail starts at the bridge over the Moosup River, proceeding north and east about 1 mile, where it intersects with Barber Hill Road. The trail then continues another 0.5 miles before crossing Brunswick Avenue. After an additional 0.25 miles, the trail meets Sterling Road, and then travels almost another mile before reaching its terminus at the Sterling town line. At this point the trail connects to Sterling’s section of the trail.

#### Parking and Accessibility
Parking is available in the center of town where Route 14 and Main Street intersect.

From I-395 (north or south): Take exit 89 and travel east on Route 14 to the stop sign at Main Street in the center of town. At this point Route 14 veers off to the left. The parking lot is straight ahead at this intersection. A large trestle bridge is located at the trail head.

### Recommended Activities

### Prohibited Activities

#### CONTACT:
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